

Plumas Lake Elementary Schools

Breakfast

May, 2017

1	2	3	4	5
Muffin Choice	Breakfast Burrito	Waffle	Breakfast Sausage Sandwich	French Toast
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
100% Orange Juice and Seasonal Fruit	Fresh Banana and Seasonal Fruit	Chilled Applesauce and Seasonal Fruit	Raisins and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit
8	9	10	11	12
Whole Grain Doughnut	Breakfast Pizza	Bagelful	Sausage and Pancake on a Stick	Fresh Baked Cinnamon Roll
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
100% Apple Juice and Seasonal Fruit	Orange Smiles and Seasonal Fruit	Chilled Diced Pears and Seasonal Fruit	Fresh Apple and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit
15	16	17	18	19
Muffin Choice	Breakfast Burrito	Waffle	Breakfast Sausage Sandwich	French Toast
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
100% Orange Juice and Seasonal Fruit	Fresh Banana and Seasonal Fruit	Chilled Applesauce and Seasonal Fruit	Raisins and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit
22	23	24	25	26
Whole Grain Doughnut	Breakfast Pizza	Bagelful	Sausage and Pancake on a Stick	Fresh Baked Cinnamon Roll
Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick	Cereal and Cheese Stick
100% Apple Juice and Seasonal Fruit	Orange Smiles and Seasonal Fruit	Chilled Diced Pears and Seasonal Fruit	Fresh Apple and Seasonal Fruit	100% Fruit Juice and Seasonal Fruit
29	30	31		
HOLIDAY	Muffin Choice	Waffle		
Memorial Day	Cereal and Cheese Stick	Cereal and Cheese Stick		
HOLIDAY	100% Orange Juice and Seasonal Fruit	Chilled Applesauce and Seasonal Fruit		

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

Menu Subject To Change Without Notice

Plumas Lake Elementary Schools

Lunch

May, 2017

1	2	3	4	5
Spaghetti with Red Sauce and Cheesy Breadstick	Beef Crunchy Tacos	Chicken Strips	Hamburger	Pepperoni Pizza Sticks
Italian Calzone	Cheese Quesadilla	Grilled Cheese Sandwich	Ultra Bean and Cheese Burrito	Cheese Pizza Sticks
Roasted Broccoli	Smooth Refried Beans	Steamed Green Beans	Potato Wedges	Marinara Dipping Cup
8	9	10	11	12
Fiesta Nada (Taco Pocket)	Mandarin Chichen and Rice	Chicken Nuggets	Jumbo Corn Dog	Primo Pepperoni Pizza Slice
Cheese Enchiladas	Cheese Quesadilla	Ultra Bean and Cheese Burrito	Fruit and Yogurt Parfait	Primo Cheese Pizza Slice
Black Beans	Roasted Carrots	Corn Cob	Seasoned Curly Fries	Hot Peas
15	16	17	18	19
Mac N Cheese and Corn Bread	Chicken Taquitos	Popcorn Chicken	Spaghetti with Meat Sauce and Garlic Bread	Pepperoni Galaxy Personal Pizza
Sunflower Butter and Jelly Sandwich with Cheese Stick	Grilled Cheese Sandwich	Pretzel Bites with Cheese Dip	Spaghetti with Red Sauce and Cheesy Breadstick	Cheese Galaxy Personal Pizza
Steamed Green Beans	Smooth Refried Beans	Roasted Sweet Potatoes	Roasted Corn	Steamed Carrots
22	23	24	25	26
Nacho Pack	Teriyaki Chicken and Rice	Mini Corn Dogs	Chicken Sandwich	Stuffed Crust Pepperoni Pizza Slice
Cheese Quesadilla	Ultra Bean and Cheese Burrito	Sunflower Butter and Jelly Sandwich with Cheese Stick	Grilled Cheese Sandwich	Stuffed Crust Cheese Pizza Slice
Salsa Cup	Baby Carrot Pack	Tasty Tator Tots	Roasted Broccoli	Steamed Green Beans
29	30	31		
HOLIDAY	Spaghetti with Red Sauce and Cheesy Breadstick	Chicken Strips		
Memorial Day	Italian Calzone	Grilled Cheese Sandwich		
HOLIDAY	Roasted Broccoli	Steamed Green Beans		

Wonderful 1% White Milk and Nonfat Charming Chocolate Milk Offered At Each Meal!

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